

BEDROOM ORGANIZATION TIPS

Prepare

If your bedroom's a real mess, don't be intimidated.

You don't have to clean it all at once.

Try this:

BREAK IT UP

Schedule a few **one-hour sessions**. Get done **as much as you can** in each session, then **come back** at your next scheduled time.

GROUP IT

Group your stuff (clothes, books, media, collections, etc.) and concentrate on one category at a time.



Sort

Bedrooms contain a lot of stuff, there will be more categories than just **keep** and **trash**. These categories might be helpful:

Trash

Broken, stained, or missing parts



Donate

Unbroken, but no one else in your house needs it.



Storage

Keepsakes or seasonal items



Elsewhere

Belongs in another part of the house



Stay put! As you find things in your room that belong in other parts of the house, don't return them right now. Instead put them in the **Elsewhere** pile and do it all at once.

Rule of thumb: if you haven't used it or worn it in the past **year**, if it's broken or missing pieces, get rid of it.

Arrange

Organize your room into functional spaces:

Sleep



Work



Hangout/ Relax



Hobbies/
Collections



Try to keep items **off the floor**. **Shelves, closets, drawers**, and **bins** can be used to arrange your things.

Clear

Come Prepared! Bring trash bags, empty boxes/baskets, vacuum, cleaners, dust cloths, and soapy water.





